

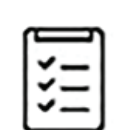
Welcome to your new Patient Portal

With My Health by Design, your health care is at your fingertips.
Learn how you can securely access your medical records, proactively manage your health, and connect with your doctor online.



What is My Health by Design?

Our patient portal helps you manage your health and perform healthcare-related tasks online.



View your Medical Records



Update Personal Information



Request Prescription Refills



Track your Vital Signs



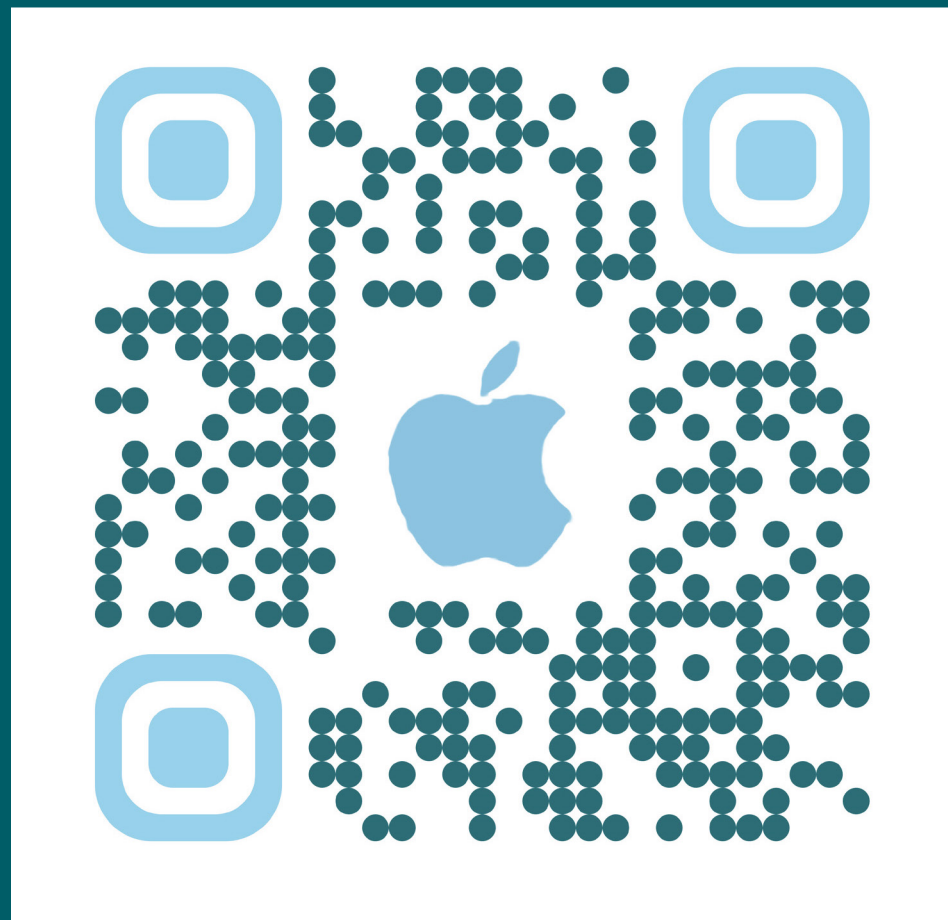
View Lab Results



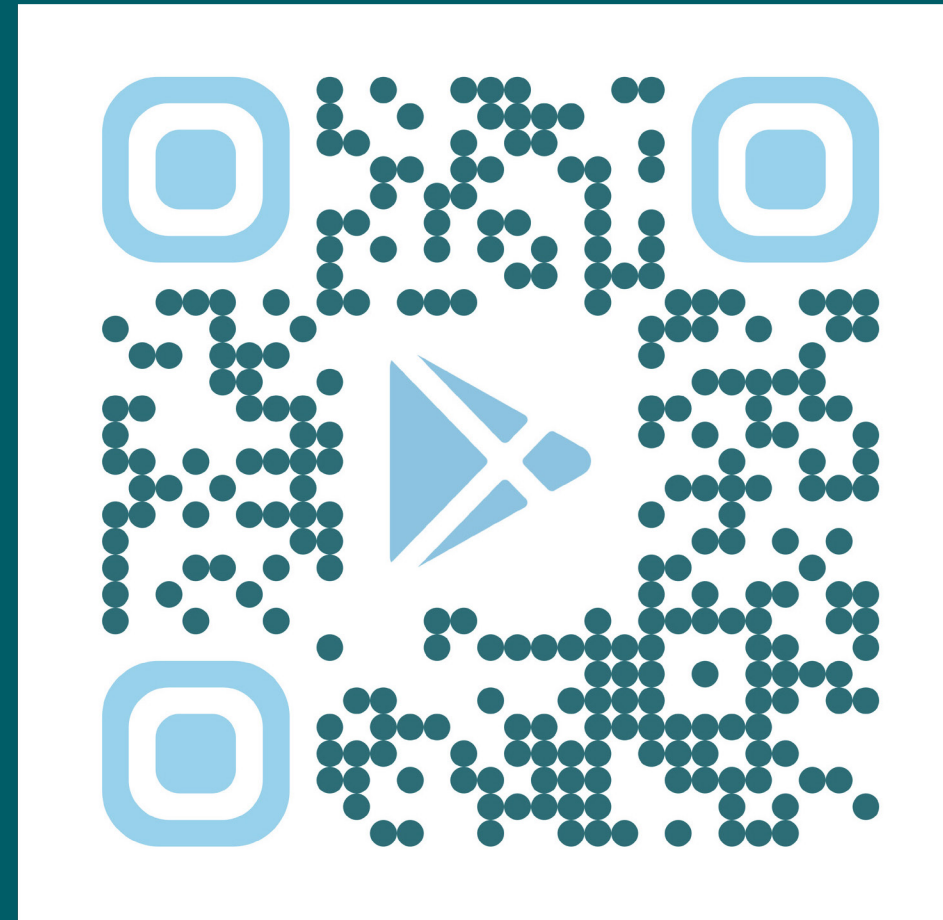
Message your Doctor

How to register for the portal:

Simply scan the relevant QR code or use the link below to register either via the mobile app in the Apple Store or Google Play store, or in a web browser.



[Apple App Store](#)



[Google Play](#)

Or register in a web browser at: <https://myhealthbydesign.bridgeinteract.io/auth/login-portal>

Once you have successfully navigated to the platform in your web browser or using the mobile app, **continue to click the Sign Up button** as seen in the screenshot below. **Enter your information** and **follow the prompts to complete your registration** for the portal.

Username *

Password *

Login

Login with mobile phone number

Recover password

Recover username

Sign up

First Name *(required)* *

Last Name *(required)* *

Gender *(required)* *

Date of Birth *(required)* *

Email *(required)* *

Username *(required)* *

Password *(required)* *

Confirm Password *(required)* *

Register

Back to login

You're all set! Take a look around.

Access your medical record

View visit summaries, lab results, and other health information online, 24/7.

Keep your information current

Update your phone number, email, and other demographic data on your own.

Stay in touch with your doctor

Ask questions, request Rx refills, and print your medication list.

Receive instant notifications

Get notified about upcoming appointments, new messages and more.

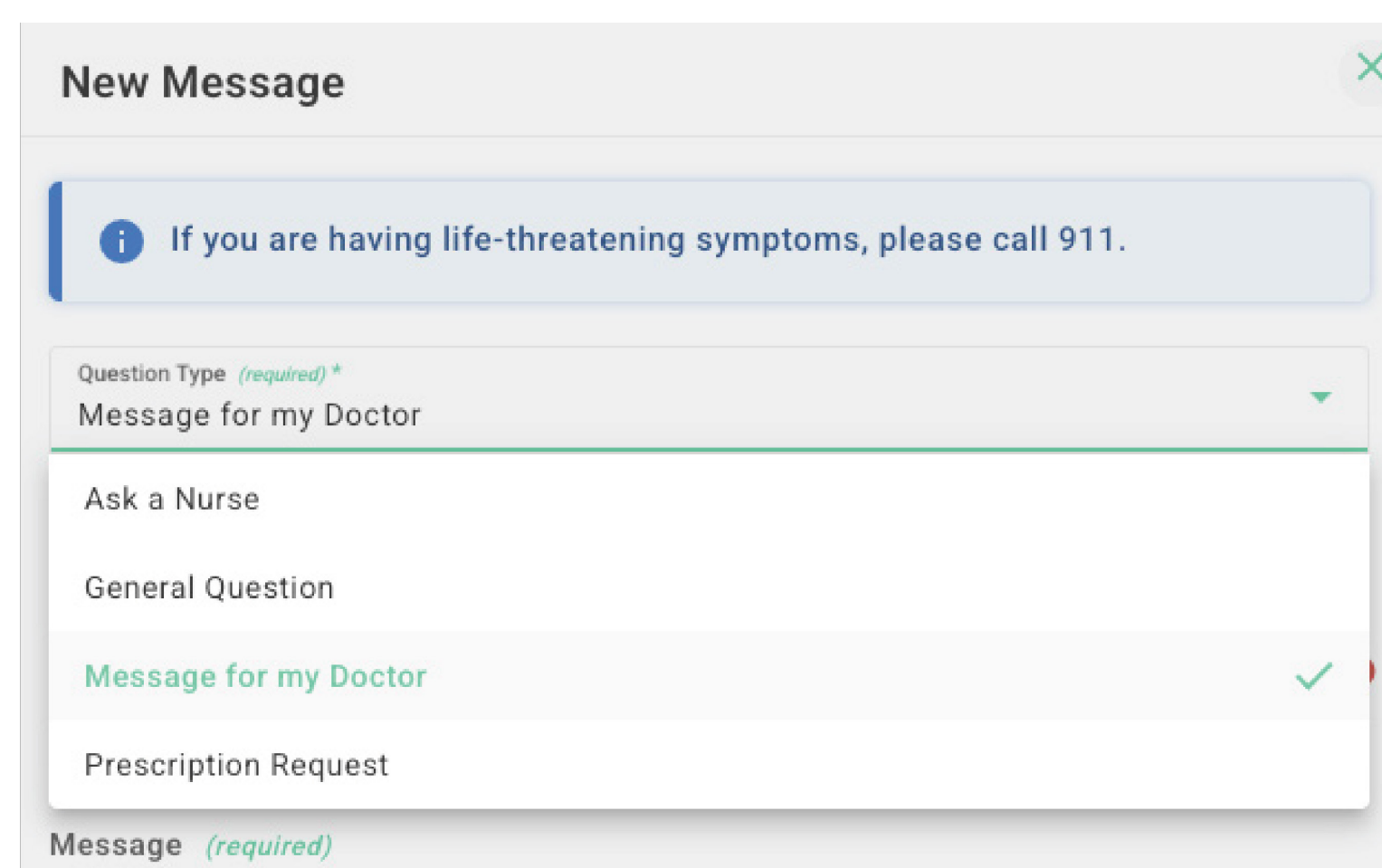
Seamless experience across devices

Compatible with all mobile devices, tablets, phone, desktop/laptop computer.

Frequently Asked Questions & Portal Navigation:

How do I send a message to my clinic team?

Conveniently access and communicate with your healthcare team by clicking on **Messages** from your HOME page. Again, click on the ellipse in the right upper hand corner. Once selected, a new message box will open allowing you to choose your question type. To send a file or picture, select **Message for my Doctor**. Choosing this option will give you an additional button to attach a file, if needed.

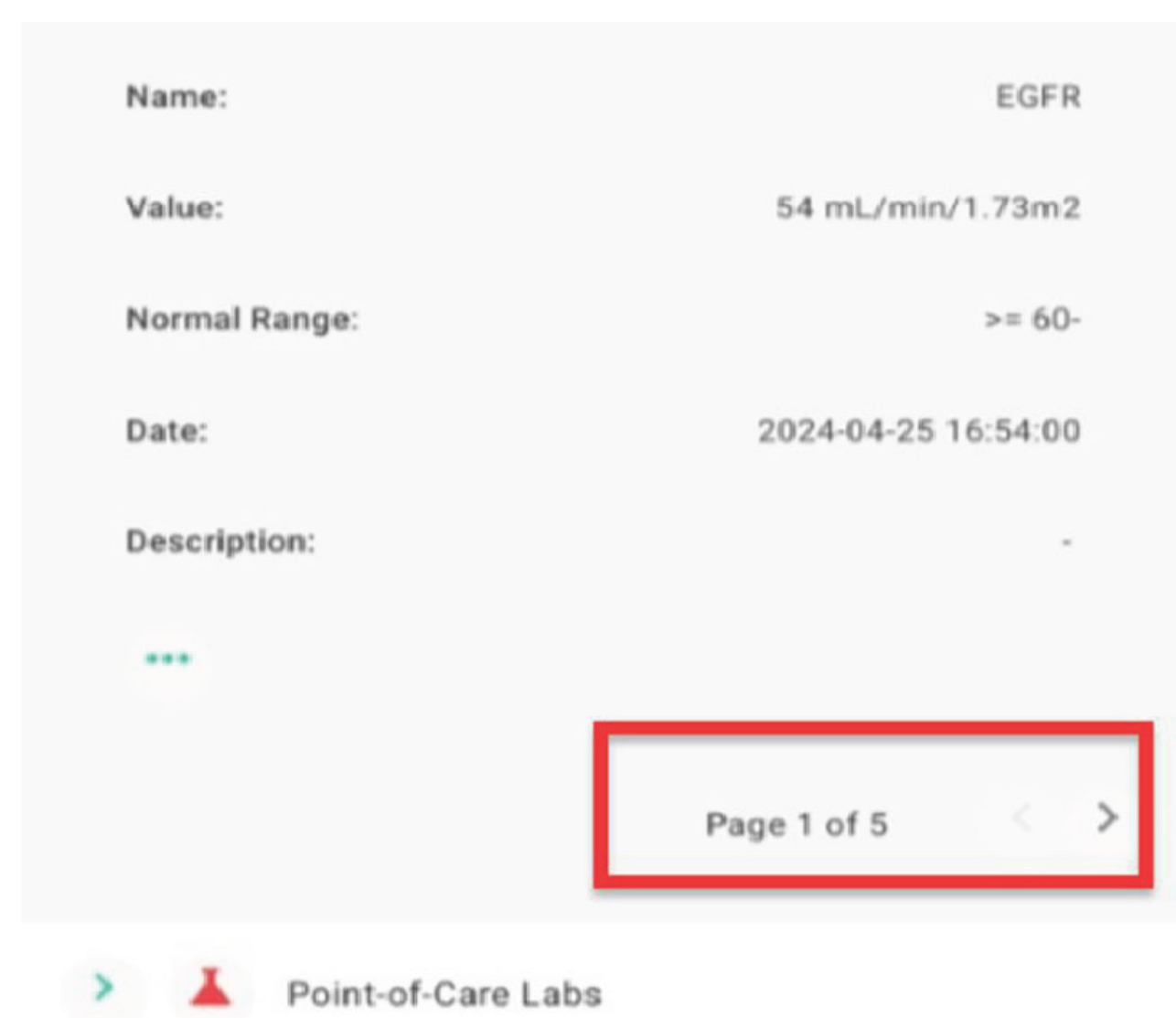


The screenshot shows a 'New Message' form with a close button (X) in the top right corner. Below the title bar is a blue information banner that reads: 'If you are having life-threatening symptoms, please call 911.' Below this is a 'Question Type (required)*' dropdown menu. The menu is open, showing four options: 'Message for my Doctor' (selected and highlighted in green), 'Ask a Nurse', 'General Question', and 'Prescription Request'. Below the dropdown is a 'Message (required)' text input field.



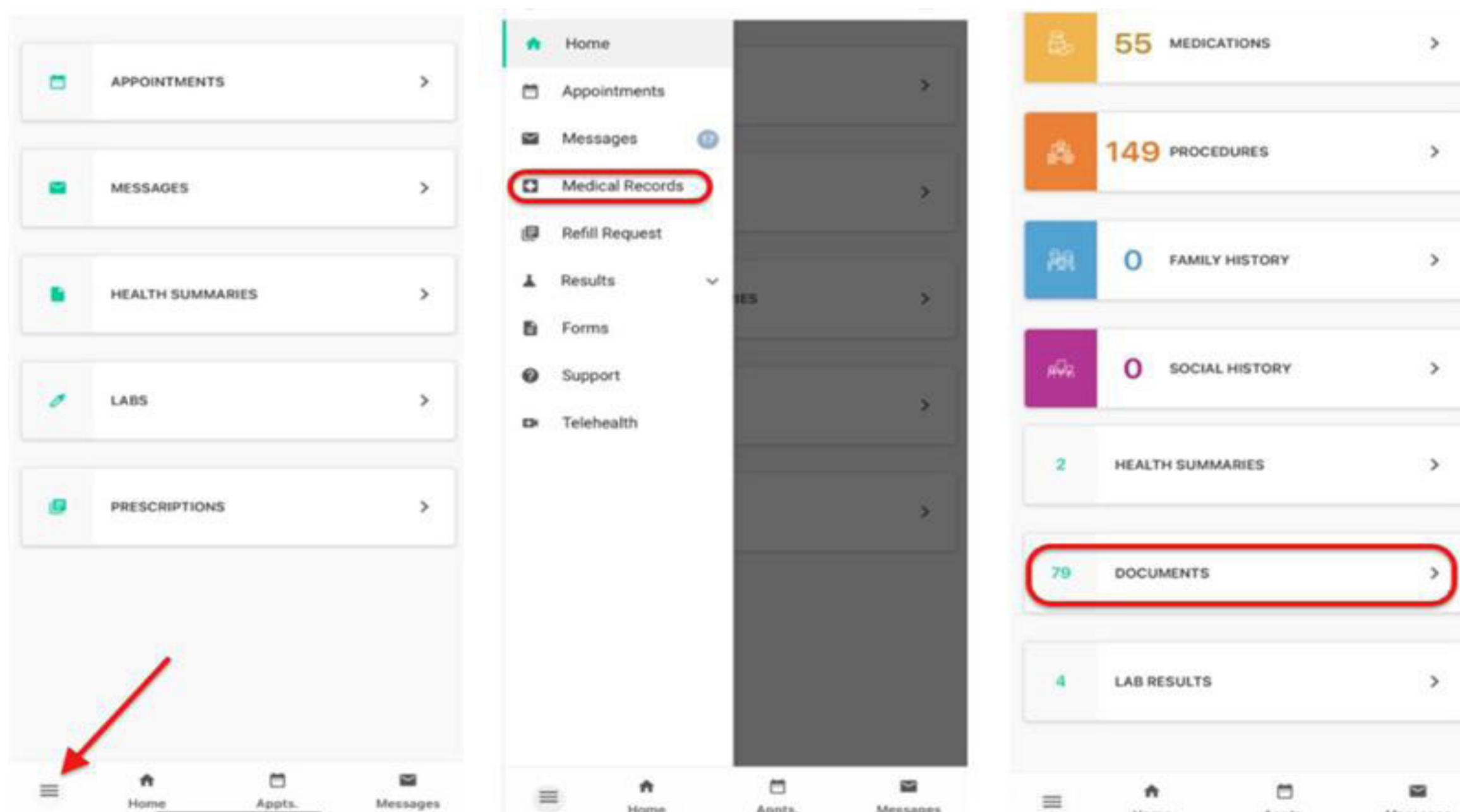
How can I view my recent lab results?

Once your doctor has reviewed your lab results, this report will be available on your patient portal. From the HOME page, click on **Labs**, then select your report. The most recent results will be located at the top of the list. Click on the ">" symbol to open and expand the report. To see all your results for that date, navigate to the bottom of the report and click on the arrow next to page number.



Where can I find my past visit records?

From the HOME page, click on the gray triple bar located in the lower left corner of your screen. Select **Medical Records** then **Documents**. Click on the office visit you wish to view. Open the note by clicking on the green download cloud in the top right-hand corner.



Contact our support team at portalsupport@hbdus.com with portal questions or if you are having difficulty accessing the platform.

